### WHAT IT MEANS TO BE A FRIEND OF HGP

We hope you will consider becoming a Friend, a valued member of the Growing Point family, and an active supporter of your local community.

- You will receive news updates from us,
- You will receive invitations to key events in the HGP calendar.
- You will receive discounted rates to special events.
- You will have the opportunity to share your time or your skills to help us in the Demonstration Garden, at events, or in other areas of our work, but this is entirely optional!

Our Friends provide very practical help to some of the most vulnerable members of our society.

Our clients, their families and carers tell us how much pleasure we give by providing this support, and how beneficial it is to our clients' health and well-being.







"I don't feel disabled anymore when I come to Herefordshire Growing Point." Client



#### HEREFORDSHIRE GROWING POINT

c/o Holme Lacy Campus Holme Lacy, Hereford, HR2 6LL Tel: 07816 257983

Email: hgrowingpoint@yahoo.co.uk www.growingpoint.org.uk Registered Charity Number 1006625

# FRIENDS OF HEREFORDSHIRE GROWING POINT



Become a Friend of
Herefordshire Growing Point
and be a part of this wonderful
story at the heart of our community.



#### WHO ARE WE?



Herefordshire Growing Point is an award-winning charity that works with vulnerable people, in the county.

We provide therapeutic gardening sessions for the disabled and elderly at our purpose-built demonstration garden within the Holme Lacy campus. Sometimes we work with our clients in their own residential or daycare setting. Importantly, everyone belongs to a group at HGP and the social benefits are enormous. We have been watching friendships develop for the last 25 years.

With one part-time member of staff, a team of tutors, and a group of volunteers, we offer weekly sessions for our clients (accompanied by their carers). We operate in our specially adapted garden which has raised beds and a polytunnel. The Garden Room (also our office) provides a small indoor space with basic amenities for refreshments and craft work.



#### PLEASE JOIN US!

We rely solely on the kind generosity of individuals and grant-making organisations to fund our work. With your help we can continue this valuable service.

By making a gift and becoming a Friend you can help us support our team of dedicated and



creative tutors and volunteers, maintain and improve our facilities, so that our clients can continue to enjoy the many benefits of gardening and socialising, a change of scene, and spending time in the fresh air.

#### All gifts are extremely welcome.

A regular gift helps us to plan ahead. and make the most of your generosity. For instance:

- £5 per month allows us to buy seeds for planting
- £10 per month allows us to update our specially-adapted tools
- £25 per month allows us to buy timber for 3 raised beds every year
- £50 per month covers vital office costs

Please contact us if you would like further information at <a href="mailto:hgrowingpoint@yahoo.co.uk">hgrowingpoint@yahoo.co.uk</a>.



#### I wish to become a Friend of Herefordshire Growing Point (Charity No 1006625)

».T					
Name					
Email					
Address					
Postcode					
I	am happy to be contacted by email				
	would like to make a regular gift using the ank details below OR				
	lease find enclosed my gift of £ payable to Herefordshire Growing Point)				
	I am a UK taxpayer and my gift (and any future gifts) are eligible for Gift Aid				
Bankers' Order Form for Regular Gifts Please pay to Herefordshire Growing Point National Westminster Bank Sort Code 53 50 41 A/c No 01017276 Amount					
Your bank					
Bank address					
Postcode					
A/c Name					
Sort Code/ A/c No					
Signature					
This instruction may remain with Herefordshire Growing Point and the details may be passed electronically to your bank. In accordance with our Privacy Policy, we will not pass your details on to any other organisation.					

## You can also become a Friend and support us online at <u>www.growingpoint.org.uk</u>

Please return to Herefordshire Growing Point, Holme Lacy Campus, Hereford HR2 6LL. Thank you.